

Langley Park School for Girls

Enabling everyone to thrive – acting with kindness, determination and respect.



Headteacher: Mr S Whittle, MA (Cantab), PGCE, NPQH

14 November 2024

Dear Families,

Year 7 Coffee Morning

As outlined in previous communication to families, we are excited to invite you to a Coffee Morning taking place on Monday 25 November at 9:00am at LPGS. Please note that parents/carers will be invited into school from 8:45am and the presentation will start at 9:10am. This event is a wonderful opportunity for you to engage with school staff and other parents, while gaining insights into important Year 7 issues. Transitioning to secondary school can bring a mix of excitement and challenges for our young people.

During the Coffee Morning, we will address key topics such as:

- **Supporting Attendance:** Discussing the importance of regular attendance and practical strategies to encourage your child to attend school.
- **Friendships:** Exploring how to help your child navigate new social dynamics and foster positive relationships.

This event will be held in collaboration with Bromley Y and our school's Mental Health Support Team (MHST). Our LPGS MHST practitioners, Sherine Dowdye and Sara Disalvo, will be presenting alongside LPGS staff including Mrs Hurley (Assistant Headteacher, Designated Safeguarding Lead) and Ms McGovern (Head of Year 7).

Bromley Y is a local charity that has supported young people and families in Bromley for over 50 years, offering many services in relation to Mental Health and Emotional Wellbeing. Part of this service is known as the Mental Health Support Team and includes working closely with several schools across the borough. The MHST service provides a range of psycho-education interventions, live webinars, targeted group work, guided self-help, and advice for young people, as well as offering consultations with parents/carers and school professionals to support young people.

The coffee morning offers a valuable opportunity for parents and carers to visit the school, meet key staff members, and seek guidance on how to best support your child in Year 7 and understand the support available from Bromley Y.

Refreshments will be provided, and we encourage you to come along, meet other parents/carers and connect with our staff.

To help us plan for the event, please complete the attendance form [here](#) and flag any questions or concerns you might have that will be answered. If you cannot attend, kindly note a more suitable time, and we will consider your availability for future events. For those unable to attend the coffee morning, we will record the presentation and share it with parents and carers, along with links to Bromley Y resources that may help support your child.

Yours faithfully,

Mrs R Hurley
Designated Safeguarding Lead

Langley Park School for Girls, Hawksbrook Lane, South Eden Park Road, Beckenham, Kent BR3 3BE

Tel: 020 8639 5200 • info@lpgs.bromley.sch.uk • www.lpgs.bromley.sch.uk

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