# Langley Park School for Girls

Enabling everyone to thrive – acting with kindness, determination and respect.

Headteacher: Mr S Whittle, MA (Cantab), PGCE, NPQH

2 May 2025

Dear Families,

The warmer weather and sunshine have certainly been welcomed this week and will, I know, be made more enjoyable by the prospect of a bank holiday weekend.

The exam season has now started with language orals and art practical exams underway and written examinations taking place next week. I encourage students to break down their exams timetable to focus on their first 5 exams in the first instance and to look at those scheduled before and those scheduled after the half-term break. I continue to be impressed by the sustained efforts of all those preparing for exams in Years 11 and 13.

There is so much going on behind the scenes with the planning and logistics of examinations and I am grateful to our exams team, teachers and staff for their hard work and support of our students, including those involved in the preparation and submission of Non Exam Assessment (NEA).

We have previously shared wellbeing tips in our letter to families. Alongside assemblies this week to students to ensure they know what to expect and what issues to avoid in exams, our Bromley Y practitioner, Sherene, delivered a helpful assembly to Year 11 students on Monday with further tips and advice to promote positive emotional wellbeing during the exams period.

If at any point you have concerns about your child's wellbeing during the exam period, please do not hesitate to contact Mrs Brown, Head of Key Stage 4, your child's form tutor, or a member of the safeguarding team. We are here to listen, to help, and to work together with you to support your child through this time.

On behalf of all the staff and governors, I wish all those sitting exams this summer all the very best in their preparations and completion of exams. (It is less about luck and more about revision and hard work, but I do hope the questions favour our students and that they achieve the success they want and deserve).

Having previously won the Kent Cup, our U16 football team endured the heat in the Bromley Cup final against Bullers Wood School on Thursday afternoon. Despite having demonstrated real commitment and effective team work throughout the game, as well as some excellent individual performances, our team lost the match 4-1 with Bullers Wood being crowned champions. Congratulations to all who played and thank you to the brilliant student supporters, families and friends who cheered on from the sidelines.



I look forward to seeing those students entered into our Golden Week draw having achieved 100% attendance and received no late marks or C points over the last five days. Well done team LPGS!

Langley Park School for Girls, Hawksbrook Lane, South Eden Park Road, Beckenham, Kent BR3 3BE Tel: 020 8639 5200 • info@lpgs.bromley.sch.uk • www.lpgs.bromley.sch.uk Part of Impact Multi Academy Trust. Registered Office: Langley Park School for Girls, Hawksbrook Lane, South Eden Park Road, Beckenham, Kent BR3 3BE A company limited by guarantee registered in England and Wales with number 07697400













A reminder to students, families (and staff!) of our revised lesson timings from Tuesday 6 May, as previously communicated.

8.30am – 8.45am	Registration/Form time
8.45am – 9.45am	Period 1
9.45am – 10.45am	Period 2
10.45am – 11.05am	Break
11.05am – 12.05pm	Period 3
12.05pm – 1.05pm	Period 4
1.05pm – 1.50pm	Lunch
1.50pm – 2.50pm	Period 5
2.50pm – 3.10pm	Form time

With very best wishes for a restful and enjoyable bank holiday weekend.

Yours faithfully,

## S J Whittle Headteacher

# MESSAGES FROM STAFF

## The Langley Lesson

At Langley Park School for Girls, we are always striving to ensure that every child thrives in an inclusive, supportive learning environment. One of the key tools helping us to achieve this is the **Langley LESSON** — our clear and consistent approach to inclusive high-quality teaching and learning across all classrooms.

The Langley LESSON is our school-wide strategy designed to make teaching more effective and learning more engaging. This means that, whether your child is in a science lab, an English lesson, or a PE class, they will experience a consistent and inclusive approach to learning.

The framework is based on the best bets from educational research for our context and comprises a **1-page framework** that combines **three foundation principles:** 

- Run the routines to ensure no time is wasted
- Engaging all learners to ensure that students do the thinking and therefore the learning
- Creating a supportive environment enabling everyone to feel successful regardless of ability

### with six features of inclusive teaching:

- **Link and Launch:** A quick recap to help students remember and apply what they've previously learned to strengthen memory recall.
- **Explicit explanations and instructions:** Teachers break down new content clearly, in small chunks, using simple, direct language so all students understand what to do and how to do it.
- Show, scaffold and stretch: We model tasks (show), provide support through writing frames, word banks, adaptive equipment/resources (scaffold), and then challenge students to apply their learning more independently and creatively (stretch).
- **Structured deliberate practice:** learning is reinforced and evidenced through purposeful activities that help students master skills and knowledge over time.
- **Ongoing assessment and feedback:** Teachers continuously check for understanding and give feedback that helps students improve and stay on track.
- **Notice and respond:** Staff are astute in noticing when students need help or are ready to move on sooner than anticipated, and to respond in ways that support progress and wellbeing.

The Langley LESSON isn't just a teaching strategy—it's a reflection of our whole-school commitment to helping every student thrive. Our belief is that the Langley LESSON ensures that all staff are equipped to deliver inclusive, engaging teaching that helps all students to reach their potential.



Miss Bush, Assistant Headteacher

#### **Faraday Challenge**

LPGS hosted teams of Year 8 students from Langley Park School for Boys and Hayes School for a Faraday Challenge day on Thursday. Teams of students designed and built a prototype battery powered device to fulfil a brief. The teams presented their creations to the group at the end of the day. Langley Park School for Girls were declared the winners and will go forward to be considered for the National finals. Congratulations to the winning team: Anna B, Beatriz B, Imogen J, Daisy R, Soraya T and Lottie W.



Miss Parry, Head of Science Faculty

## **Big Psychology Breakfast**

On Monday the Psychology team hosted the 'Big Psychology breakfast'. This was to wish our year 13s the very best of luck in their upcoming exams.



Students and staff had a great time. Good luck year 13! #operationalisethosevariables

Mrs Seare, Teacher of Psychology

#### Learn to DJ

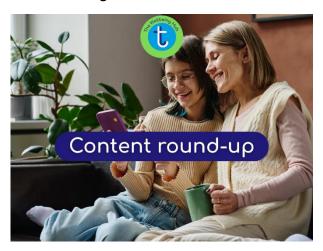


We have spaces available on our DJ-ing lessons, please contact the Music Department for further information and an application form.

Miss Sheppard, Head of Music

## INFORMATION

#### **The Wellbeing Hub**



- Webinar: <u>Adolescent issues for autistic teenagers</u> with Prof. Tony Attwood, International best-selling Author and Clinical Psychologist specialising in Autism Spectrum Disorders
- Podcast: <u>ADHD tendencies and how to prevent</u> <u>associated mental ill-health and addiction later in life</u> with Henrietta Wynne Finch, Psychotherapist
- Podcast: <u>How to support your child in the lead up to</u> and following an educational psychologist assessment: advice for parents and carers with Dr Olivia Kessel, Founder of SEND Parenting
- Podcast: <u>Nutrition for neurodiverse children and</u> <u>young people</u> with Lucinda Miller, bestselling Author, and Founder and Clinical Lead of NatureDoc
- Blog: <u>When self-regulation looks like bad behaviour</u> by Hannah Rapp, Child and Adolescent Psychotherapeutic Counsellor

#### **Bromley Y Webinars**

Bromley Y are pleased to announce the dates of the Summer Term webinars for parents/carers and young people. There are various dates and if you click on the topic, it will take you to their Eventbrite channel where you can book for these live, online sessions. There is no need for cameras or names and all sessions are all free.

#### **For Young People**

<u>Managing academic stress – Dealing with Exam Stress</u> <u>Stress and worry management</u>

For parents and carers of primary school aged children

Helping your chid with fears and worries Emotionally based school avoidance Changing from primary to secondary school Helping your child with sleep problems

For parents and carers of young people at secondary school Helping young people with fears and worries Changing from primary to secondary school

**Bromley Y the Charity, is celebrating its 60<sup>th</sup> Anniversary this year** and are raising funds for their new Activate (social prescribing) intervention for the most vulnerable young people in our communities, providing various forms of emotional support through mentoring or wellbeing therapy, community activities, or perhaps help with cv writing and adult guidance to build their confidence and self-esteem.

They would really appreciate donations, even the smallest amount, to help raise funds for this worthy cause. Please click <u>here</u> to donate. Thank you!

#### NYJO (National Youth Jazz Orchestra)

NYJO (National Youth Jazz Orchestra) are delighted to announce that their Saturday Sound Foundations Trumpet Group is accepting new members! This is a brilliant, free opportunity for young people aged 11 – 16 to get to learn the trumpet for the first time and access their own brandnew instrument. Full details can be found in the e-flyer below. Students can apply at the following link, and the deadline to register is **Thursday 8 May:** https://www.surveyhero.com/c/zwqaggg

## SOUND FOUNDATIONS

DUR SOUND FOUNDATIONS SATURDAY TRUMPET GROUP IS ACCEPTING NEW MEMBERS!

IRE YOU AGED 1.1 - 16 AND WANT TO EARN THE TRUMPET FOR THE FIRST IME? MEMBERS OF THIS FREE IROUP GET ACCESS TO LESSONS VITH US ON A SATURDAY MORNING IS WELL AS THEIR OWN BRAND-NEW PRIMPET



## **UPCOMING EVENTS**

Saturday 3 & Sunday 4 May Wednesday 7 May Thursday 15 May Monday 12 – Friday 23 May Monday 19 – Friday 23 May Monday 26 – Friday 30 May Wednesday 11 June Monday 16 – Friday 27 June Thursday 26 June Monday 30 June Tuesday 8 – Thursday 10 July Monday 14 – Friday 18 July Wednesday 23 July Saturday 19 July – 12 August Year 9 Duke of Edinburgh Award Qualifying Expedition Year 10 RSE Drop Down Day Year 10 Parents' Evening KS3 Assessment Week Y10 Work Experience Half Term Y10 GCSE Musical Recital Y10 and 12 Trial Exams Sixth Form Taster Day Y7 Music Scheme Concert Performing Arts Production of Six Y12 Work Experience End of Term Camps International Peru Expedition

Details of sports fixtures can be found on Firefly