

Langley Park School for Girls

Enabling everyone to thrive – acting with kindness, determination and respect.



Headteacher: Mr S Whittle, MA (Cantab), PGCE, NPQH

24th April 2026

Dear Families,

This week a photographer and videographer visited the school (and other schools in our trust) to capture some of the many enrichment activities on offer to our students. With the summer sports starting up, it has been great to see students involved in sports such as cricket, rounders and athletics; as well as a large number of our girls involved in Rugby practice sessions on Tuesday afternoons. Mr Fox Joyce also launched Scalextric Club this week and looks forward to building on this in the coming weeks and months. Alongside so many other lunchtime and after school clubs in Dance, Drama, Music and other areas, these provide an opportunity for our young people to pursue their interests, discover new ones and meet friends. I strongly encourage all to get involved since I know they will get so much out of it.

Whilst the written exams may not yet have started, GCSE exams are underway with Art, Photography and Textiles exams taking place this week and French, German and Spanish speaking exams taking place from Monday. We wish our Year 11 and 13 students every success in the forthcoming exams and remind them that we are here with them every step along the way to provide support, encouragement and guidance (as I know families are at home). On the subject of exams, our Year 12s are completing their trial exams over the next two weeks and these will provide them with a valuable insight into A-Level and vocational exams and important feedback.

Assessment weeks will be taking place later this term and the dates have been shared with students with further information to be shared by their teachers on the content which will be assessed:

Year 7: w/c 1st June
Year 8: w/c 4th May
Year 9: w/c 18th May
Year 10: w/c 15th June (trial exams)
Year 12: w/c 27th April

Following the information I shared last week from the Children's Commissioner ([What I wish my parents knew...](#)), students were reminded in the Langley Lowdown that their online behaviour has real, lasting consequences and that this message is shared not to scare them, but to protect them and their future. Posting, sharing, or forwarding hurtful images, videos, rumours, or altered content (even as a joke or when someone else posted it first), can seriously harm others' mental health and reputations and contribute to a permanent digital footprint. Such actions may breach school rules and UK law, including the Communications Act and Data Protection Act, and can result in school sanctions or escalation to external agencies. Staff and students alike deserve respect online. Students were encouraged to be responsible digital citizens by pausing before posting, resisting peer pressure, not spreading drama, thinking about the real person behind the screen, reporting concerns to a trusted adult, and using the 'THINK' test – is it **true, helpful, inspiring, necessary, and kind** - remembering that being kind online is about being aware, thoughtful, and brave enough to do the right thing.

All students have received a link via their student email account to an online survey to provide their feedback on what we are doing well as a school and how we can further improve the school and school experience for them. I hope all will take this opportunity to respond and complete the survey, helping inform our next steps and continued improvement as a school.

Please can I request the support of parents and carers and remind all students that hair colours should be natural, as stated in our school uniform policy. Following our uniform consultation and in light of the planned changes to school uniform (which we have already communicated), we are in discussions with our current providers and expect to provide more information about school uniform supply in the coming weeks.

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2022-2025

On behalf of the LPGS community, I would like to thank and congratulate Louise C (a parent) for completing the Manchester Marathon and for raising over £1,200 for the school and our SEN department. Donations can be made via her [JustGiving page](#).

Finally, I look forward to cheering on our U16 football team this evening in the Bromley Cup Final against Darrick Wood School at Beckenham Town FC and wish them all the best. I hope to see the girls bringing it home, completing the double after winning the Kent Cup earlier this year!

With very best wishes and thanks for your continued support of your child and the school.

Mr S Whittle
Headteacher

MESSAGES FROM STAFF

LPGS Wellbeing Award

A reminder that we are working towards renewing our Wellbeing Award. We are constantly reviewing and improving what we do, looking at best practice from around the UK, and the world, to give our students the very best experience possible.

Your views, alongside those of students and staff, are important in helping us understand what we are doing well and how we can do even better. The parent/carer survey can be completed via this [link](#).

Below are some of the developments we have made since the last award. It is not an exhaustive list.

- A wellbeing curriculum delivered through PSHCE and the tutor programme
- Appointment of a Wellbeing Lead
- Analysis of wellbeing provision using the Anna Freud Toolkit and action plan based on that.
- Being an active part of Borough and Trust groups such as ERL networking event, Suicide Awareness working party
- Signing up to Teen Tips and signposting to Bromley Y
- Bi-weekly meetings with Bromley Y practitioners
- Introduction of parent workshops (KS4 exam support and KS3 Mental Health)
- Personal Development Day – students talk to their tutors about themselves, their subjects and their wellbeing
- Separation of The Wellbeing Hub and SEND Hub as physical spaces (they used to be all in the SEND Hub)
- Reintroduction of Student Wellbeing Champions
- Workshops with Minds Up – South East London Mental Health charity (Y7 and Y10)
- Being part of borough pilot projects, such as the recent one for students with Emotionally Based School Avoidance
- Review of communications/letters regarding attendance concerns to ensure these are supportive
- Introduction of Staff Wellbeing Week
- Staff Wellbeing First Aiders
- Staff Mental Health Awareness training (a 10 week course) to support staff to help and support students

Thank you in advance for your time and feedback.

Mrs Brown, Head of Key Stage 4 and Emotional Resilience Lead

LPGS6 Offers

All LPGS6 offers have been sent to Year 11 students this week. These are sent directly to students via the email address included on their application. Students should ensure they reply to their offers by Friday 15th May.

Mrs Ortuno Mora, Admissions Officer

UKMT Maths Success

The Maths Department is thrilled to celebrate our students' fantastic achievements in the UK Maths Trust's Grey and Pink Kangaroo challenges. A special well-done to Shirin L in Year 11, who earned a Silver award and was crowned Best in School for the Pink Kangaroo, and to Lara S in Year 9, who achieved Best in School for the Grey Kangaroo with an outstanding performance.

We're also incredibly proud of Olivia G and Esme L in Year 9, and Avy K in Year 11, whose enthusiasm and determination shone through in their brilliant performances.

Mrs Arivanantham, Head of Maths

Spanish Exchange

Students have settled in really well to Spanish life and are enjoying the beautiful weather. Yesterday they were lucky enough to spot lots of whales and dolphins on their boat trip and they are spending the day today in our partner school doing activities with their partners.

Ms Artini, Head of MFL & Spanish



INFORMATION

School Food Standards: A Positive Step Forward

Please see the letter below from Impact Food Group, our catering company.



Dear schools, parents and carers,

We welcome the government's intent to improve School Food Standards: getting more nutritious food into children and making sure school meals continue to play a positive role in health, wellbeing and the school day.

What This Means for Schools and Families

The **consultation is now open** and we strongly encourage schools, parents and carers to read the proposals and have their say. This is particularly important given the additional compliance expectations being introduced for schools, including greater oversight of School Food Standards, a lead governor for school food in every school, increased visibility of menus and food policy, and the need to consider how packed lunch policies support a consistent approach to healthier choices across the school day. While most changes are expected from September 2027, the consultation is an important opportunity to help shape what comes next. You can [read more and respond to the consultation here](#). Alternatively, if there are points you would like us to raise as part of the wider sector response, please do get in touch.

How Impact Food Group Is Preparing

We are confident in the progress already made across our menus and in the direction we have been taking for some time. Through our [Impact+](#) approach, we focus on creating mealtime experiences that support energy, concentration and wellbeing, while still being appealing and relevant to students.

Many of the principles now being discussed are already reflected in our offer. Across our menus, we already provide fruit every day as an alternative to more traditional desserts, have introduced more plant-rich dishes, and reduced sugar, fat and salt across our range. We continue to prioritise baked rather than deep-fried items,

with dishes prepared without fat where possible, while strengthening nutritional balance through more fibre and healthier everyday choices.

We have also made our menus more transparent, improving the way dishes are named and described to better showcase ingredients and support understanding of more nutritious, plant-forward options, such as lentils in bolognese and chickpeas in curries. This helps schools, pupils and families make more confident choices around allergens and dietary needs, while also building familiarity with healthier ingredients and encouraging openness to trying new dishes. Our teams are also being trained to support schools confidently through the changes ahead.

Making the Changes Work in Practice

At the same time, any changes must **protect the popularity of school meals** as well as their nutritional quality. If the offer becomes less appealing to children, there is a real risk that more pupils will move towards packed lunches and other alternatives, which often contain more salty, sugary snacks and offer less positive nutrition overall.

We also believe that any **recommended changes must be properly funded**. Higher expectations can deliver real benefits, but only if schools and caterers are given the support needed to implement them successfully and sustainably.

As part of this wider conversation, we are actively involved through [The School Food People](#), which works closely with the Department for Education on school food matters. As Vice Chair of The School Food People, I am keen to ensure that schools' views are reflected as these proposals develop, and that the final framework is both practical and workable for school caterers and schools alike.

We remain committed to working closely with our school partners to deliver food that is nutritious, appealing and trusted by pupils, supporting both healthier choices and a strong, well-used meal service. If you would like to discuss any of this information further, [please get in touch](#).

Best wishes,

Bryan Lygate
Chief Operating Officer
Impact Food Group



U12s Football



CALENDAR

w/c 27 th April & w/c 4 th May	Y12 Trial Exams
w/c 4 th May 7 & w/c 11 th May	Y8 Assessment Weeks
7 th May	Y10 Parents' Evening (online)
w/c 11 th May	Y10 Work Experience
14 th May	Y8 HPV Vaccinations
15 th – 18 th May	Science Trip to Euro Space Center
w/c 18 th May	Y9 Assessment Weeks
21 st -24 th May	Sports Tour
22 nd May	Y13 Prom
23 rd & 24 th May	Y9 Bronze Duke of Edinburgh Award Expedition
25 th – 29 th May	Half Term
27 th – 29 th May	Gold Duke of Edinburgh Award Expedition
30 th -31 st May	Silver Duke of Edinburgh Award Expedition
1 st June	Return to School
w/c 1 st June	Y7 Assessment Weeks
11 th June	Y12 Parents' Evening (online)
w/c 15 th & 22 nd June	Y10 Trial Exams

Our school calendar, including sports fixtures and extra-curricular activities, can be viewed [here](#).