

Langley Park School for Girls

Enabling everyone to thrive – acting with kindness, determination and respect.



Headteacher: Mr S Whittle, MA (Cantab), PGCE, NPQH

3rd February 2026

Dear Families,

GCSE ROCK CLIMBING PRACTICAL SESSIONS

As part of your child's GCSE PE practical assessment, we have arranged for students to have specialised instruction and assessment in the sport of Rock Climbing. This will count as an individual sport and has proved very beneficial for students in the past who have limited options for their three assessed sports. This opportunity will provide students with all the instruction, practice and video recording necessary, in order to meet exam board requirements.

Students will gain an excellent experience and will also be given a GCSE grade from Rock Climbing which could be used towards their final grade. The details of the sessions are shown below:

Venue: The Reach Climbing Wall, Unit 6, Mellish Estate, London, SE18 5NR

Cost: Whilst it is not a requirement to attend this trip to fulfil course requirements, the GCSE PE qualification requires students to be assessed in three activities:

- One team sport
- One individual sport
- One additional activity (team or individual)

We have previously found this trip, and student's submission of this chosen activity, to significantly benefit students and to support them in achieving a highly successful GCSE outcome. We are therefore requesting a voluntary contribution of £107.10 per student. If insufficient voluntary contributions are received, this trip may not take place. There is a small fund available to help students in need, please see our [website](#) for more information (scroll down the page and click on "Other Information").

Dates and times:

Tuesday 14 th April	7:40am – 5:30pm
Wednesday 15 th April	7:40am – 5:30pm

Students should come to the PE department at 7:40am so we can leave promptly and start the activity on time. It is essential that students attend both sessions otherwise their overall grade will be effected.

Students should be ready to leave school at the above times, from the PE changing rooms and will be transported to and from the venue via the school mini-bus.

Students will need to be wearing appropriate clothing for climbing:

- Leggings or tracksuit bottoms – shorts are not advised due to the need to wear a harness
- Sports t-shirt or jumper – hoodies are not permitted for health and safety reasons
- Trainers

****THIS DOES NOT HAVE TO BE SCHOOL PE KIT****

Langley Park School for Girls, Hawksbrook Lane, South Eden Park Road, Beckenham, Kent BR3 3BE

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2022-2025

Students will need to bring lunch and drinks for the duration of the day as lunch will be taken at the centre.

As with all absences, it is the student's responsibility to catch up on missed learning. Please remind your child to do this as soon after the event as possible.

Please complete the consent form on Evolve by **Friday 13th February** and ensure your child has any specific medication they will need for the day (asthma pump). Please note, if we do not receive consent for this trip then your child will not be able to attend.

If you have any questions regarding the GCSE Rock Climbing Practical sessions, please email me via chr@lpgs.bromley.sch.uk

Yours faithfully,

Miss Charlotte Harris
Head of Health Faculty, Head of PE and Teacher in Charge of Key Stage 4 Health and Social Care