

# Langley Park School for Girls

Enabling everyone to thrive – acting with kindness, determination and respect.



Headteacher: Mr S Whittle, MA (Cantab), PGCE, NPQH

24 June 2026

Dear Parents and Carers,

## Relationships and Sex Education Consultation

The Relationships and Sex Education curriculum has undergone a great deal of change in the last 12 months and the Department for Education has published updated statutory guidance for schools for introduction from 1<sup>st</sup> September 2026. Ms Wood, our Head of PSHCE, has prepared a video presentation that explains the secondary relations and sex education curriculum content and health and wellbeing content that is taught to students in Key Stages 3 and 4 (Years 7-11) reflecting the new guidance. You can watch the presentation [here](#).

The updated RSE curriculum reflects national guidance and is designed to support students' wellbeing, safety and preparation for life in modern Britain. Our aim is to provide learning that is age-appropriate, respectful and inclusive, helping our students to develop positive relationships, understand boundaries, and make informed, responsible choices.

In the video presentation, Ms Wood introduces our rebranded 'Thrive' curriculum encompassing our personal development curriculum, assemblies, PSHCE lessons, tutor time activities and much more. This aligns with our school and curriculum vision to enable everyone to thrive academically, personally and socially; as well as our commitment to educating the whole child.

We value the important role that parents and carers play in supporting their child's development, and we are committed to working in partnership with you. As part of our consultation, we want you to feel informed and confident about what is being taught and welcome your views and feedback to inform both the development and delivery of our curriculum.

Links that you might find useful are below:

Department for Education Relationships Education, Relationships & Sex Education (RSE) and Health Education statutory guidance can be found [here](#)

The parent page of Life lessons, the resource we use for PSHCE delivery can be found [here](#)

You may provide feedback on the new curriculum [here](#). The form will be open until Friday 10<sup>th</sup> July 2026.

Should you have any further questions once you have watched the presentation and reviewed the materials, Ms Wood can be contacted via e-mail [swo@lpgs.bromley.sch.uk](mailto:swo@lpgs.bromley.sch.uk)

Yours faithfully,

**Coral Sunman**  
Assistant Headteacher, Personal Development

**Suzanne Wood**  
PSHCE Lead

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