

Langley Park School for Girls

Enabling everyone to thrive – acting with kindness, determination and respect.



Headteacher: Mr S Whittle, MA (Cantab), PGCE, NPQH

28 February 2025

Dear Parents and Carers,

Personal Development Day – Wednesday 19 March 2025

This year, as part of our ongoing commitment to developing a sense of 'belonging' and enabling everyone to thrive, we have taken the decision to introduce a Personal Development Day on Wednesday 19 March.

The aims of our day are as follows:

- Promote mental health and wellbeing
- Build confidence and self-esteem
- Develop determination
- Boost motivation and engagement
- Support students' academic achievement and progress

On this day, normal lessons will be suspended and students will attend school for an individual appointment with their form tutor or another allocated member of staff during the school day. They will, additionally be set remote learning from home independently. Shortly, students in all year groups (Years 7-13) will be advised of a time and location for their 1:1 appointment with a member of staff; for the vast majority of our students, this will be with their form tutor.

Wednesday 19 th March		
	Periods 1-4 ¹	Period 5
Years 7-13	Students complete remote learning activities and personal development tasks at home on Firefly. and Students attend their 1:1 mentoring appointment in school at their designated time with their tutor/named staff member	Students are not expected to attend school after 1.20pm. Students should complete remote learning activities at home on Firefly and/or independent study/revision.
Year 11 only	In addition to the above. All Year 11 students will have an additional appointment with a member of the Senior Leadership Team to reflect on their academic progress and next steps A selected number of students will also meet with our Careers Team	

¹ In-school appointments will start at 8.30am and run until approximately 1.00pm. Students with an appointment at 8.30am will be required to report to school at 8.15am/8.20am in preparation for their appointment.

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2022-2025

During their time in school, students will complete a self-reflection and prepare for an individual appointment with a member of staff lasting approximately 10 minutes. They will be encouraged to reflect on their progress so far this year, their goals (considering academic, pastoral and enrichment aspects of school life) and to set targets for the remainder of this academic year. Alongside these targets, they will also be asked to consider what further support they may need from the school or home, which we will communicate to you subsequently. Students will be in school for approximately 30-40 minutes on this day.

Students will be required to report to a designated area for their year group and sign in on arrival at school. Following their appointment, they will be free to sign out, to leave school and to return home and resume remote learning.

Any student who does not attend their appointment on that day will need to complete their appointment at another time, likely to be after school, and their absence from school will be recorded as unauthorised unless there is a justifiable reason.

We are planning a series of worthwhile activities for students to complete from home on this day, in support of their personal development, including a focus on wellbeing. Students in years 11 and 13 are encouraged to use the time at home as an opportunity for revision and consolidation in preparation for their exams, however they should also build in time to focus on their wellbeing.

An opportunity will be built in before the end of the Summer term for students to reflect on their progress in achieving the targets they have set for themselves.

Additional information

If your child is entitled to receive free school meals, you can request a packed lunch from school by completing [this form](#). Lunches will be available for collection by your child from the Canteen during the morning.

If you cannot make alternative arrangements for your child to work from home during the day, we will have limited capacity within school to accommodate children and provide supervision for the completion of online remote learning tasks. Please complete [this form](#) by **Wednesday 12 March**.

We hope that all students will see the day as a positive opportunity for them to reflect on their learning, progress and achievements while also identifying ways in which they want to develop and improve. We very much look forward to speaking with students on an individual basis, discussing their academic and personal development, wellbeing and to continuing to support them in school.

Many thanks for your support with the arrangements for this day.

Yours faithfully,

Ms C Sunman
Assistant Headteacher