

# Langley Park School for Girls

Enabling everyone to thrive – acting with kindness, determination and respect.



Headteacher: Mr S Whittle, MA (Cantab), PGCE, NPQH

11<sup>th</sup> February 2026

Dear Parents/Carers,

## RE: PSHCE Spring 2

I am writing to inform you of the PSHCE topics that Year 8 students will be studying following the February half term break. These lessons form an important part of our wider curriculum, supporting students' personal development, well-being, and understanding of the world around them.

These topics will be delivered through one-hour lessons once per fortnight and twice weekly tutor time sessions.

Next half term students will study:

PSHCE Lesson (1hr per fortnight)	Tutor time x 2 per week
Romantic relationships	Introduction to Relationships
Physical intimacy*	Introduction to family
Unhealthy relationships, boundaries and consent	Maintaining healthy family relationships
	Healthy Friendships
	Know your rights

Under the statutory Relationships and Sex Education (RSE) guidance, parents have the right to request that their child be withdrawn from some or all of the sex education elements of PSHCE. Topics where this applies are marked above with an asterisk (\*). If you wish to request withdrawal from any of these lessons, please use the following link to complete the Microsoft form. [PSHCE - Request to withdraw a student from sex education - year 8 spring term \(2\) 2026 – Fill out form](#)

Please note that if you request your child to withdraw from these lessons, the school will contact you to discuss your request prior to this permission being granted.

More information about PSHCE can be found here: [Parent Page - Life Lessons](#)

Yours faithfully,

**Suzanne Wood**  
PSHCE coordinator KS3&4

Langley Park School for Girls, Hawksbrook Lane, South Eden Park Road, Beckenham, Kent BR3 3BE

Tel: 020 8639 5200 • [info@lpgs.bromley.sch.uk](mailto:info@lpgs.bromley.sch.uk) • [www.lpgs.bromley.sch.uk](http://www.lpgs.bromley.sch.uk)

Part of Impact Multi Academy Trust. Registered Office: Langley Park School for Girls, Hawksbrook Lane, South Eden Park Road, Beckenham, Kent BR3 3BE  
A company limited by guarantee registered in England and Wales with number 07697400



Artsmark  
Gold Award  
Awarded by Arts  
Council England



WE HAVE  
ACHIEVED



2022-2025