



Revision Schedule 2026

Year 12 Revision Schedule 2026

Subject/Course:	Health and Social Care – Unit 7 Safeguarding
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LO1 – Understand types and signs of abuse

Topic	Key knowledge/skills/questions	R	A	G	Revised	Resources/activities/links
1.1 Types of abuse	Distinguish physical, sexual, emotional/psychological, neglect, financial, institutional, bullying, discrimination and exploitation/mate crime. Apply each type to adults, young people and children.					KS5 (Year 12-13)
1.2 Signs of abuse	Recognise possible signs: unexplained injuries, malnourishment, changes in behaviour, low self-esteem, self-harm, inappropriate/sexualised behaviour, unexplained loss of money/possessions and fear of certain people or situations. Link signs to possible types of abuse without assuming a single cause.					KS5 (Year 12-13)



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LO2 – Understand factors which may lead to abusive situations

Topic	Key knowledge/skills/questions	R	A	G	Revised	Resources/activities/links
2.1 Individuals most at risk	Explain why adults, young people and children may be more at risk because of learning disability, dementia, lack of mental capacity/communication difficulties, being comatose, sensory impairment, physical disability or being a looked-after child. Know that capacity may return after some injuries or illnesses.					KS5 (Year 12-13)
2.2 Environmental factors	Explain how care services with institutional practices, residential health/social care settings, health services, independent-living facilities and homelessness may increase the likelihood of abuse.					KS5 (Year 12-13)
2.3 Other factors that may make abuse more likely	Explain how dependence on others, imbalances of power, social isolation, invasion of privacy and staffing issues such as shortages or lack of training can increase the likelihood of abuse.					KS5 (Year 12-13)